

St. Luke's Clinical Pastoral Education (CPE)

What is CPE?

Clinical Pastoral Education (CPE) is interfaith professional education for ministry. It brings theological students, qualified laypersons and ministers of all faiths (pastors, priests, rabbis, imams and others) into supervised encounters with persons in crises.

Out of an intense involvement with persons in need, and feedback from peers and teachers, students develop new awareness of themselves as persons and of the needs of those to whom they minister. From theological reflection on specific human situations, CPE students gain a new understanding of ministry. Within the interdisciplinary team process of helping others, they develop skills in interpersonal and interprofessional relationships.

CPE students at St. Luke's quickly find that they are an integral part of the spiritual care team. Students may be assigned to a variety of clinical areas and may be part of an on-call rotation to serve the needs of patients and families in the medical center. CPE students lead worship services, present pastoral visits at weekly spiritual care seminars and prepare various written materials, such as weekly reflections, verbatim reports, spiritual and theological reflections and self-evaluations.

The word clinical (meaning "at the bedside") will define how the learning process is structured. The heart of CPE is ministry with people and learning from that ministry through reflection, discussion, consultation and evaluation with other students and the ACPE Certified Educator. In your CPE experience:

- You will utilize verbatim reports and case studies to present your ministry for supervision.
- The focus in some seminars will be on what is happening to you, the caregiver, as much as on what is happening to the people receiving your ministry.
- There will be discussions that assist you in understanding theological issues arising from your experiences.
- There will be opportunities to learn from behavioral sciences and to reflect theologically so that you can draw from both in understanding the human condition.
- You will be challenged to think about groups and social structures as well as individuals in defining your ministry.
- You will be part of a dynamic peer group with other students and your supervisor, which will provide opportunities for mutual supervision, care giving, challenge and appreciation.

Other educational components that are regularly scheduled are:

- Didactic seminars in which time for discussion follows a lecture, reading a book or article, or the presentation of a theological concern.
- Peer group meetings or interpersonal group sessions, in which time is provided for mutual sharing, caring, support and challenge for interpersonal learning and personal growth.

- Individual conferences with the supervisor that set aside time for the professional, personal and/or interpersonal issues of your choice.
- Worship or sharing occasions that provide opportunity for spiritual nurture and creativity as well as education in creating and leading meaningful, inclusive, interfaith worship services.
- Field trips, educational conferences and clinical observations.
- Evaluation experiences with your peers and supervisor.

You will discover that the CPE schedule requires an active investment and also provides times for sharing, reflection, and camaraderie.

Supporting Networks

A Professional Advisory Council consisting of health professionals and community faith leaders supports the program of St. Luke's CPE Center. In addition to the ACPE Certified Educator and staff of the Department of Spiritual Care Services, professional persons from throughout the medical complex and the community contribute directly to the teaching program. A strong spirit of ecumenical and interfaith cooperation and support for St. Luke's CPE Program within the Treasure Valley provides a rich environment for ministries of pastoral care.

St. Luke's Clinical Pastoral Education Center

A. The Center

St. Luke's Clinical Pastoral Education Center is a program of the Department of Spiritual Care Services at St. Luke's Regional Medical Center. It is accredited by the Association for Clinical Pastoral Education (www.acpe.edu, One West Court Square, Suite 325, Decatur, GA 30030, 404-320-1472, acpe@acpe.edu) to offer Level I, Level II, and Supervisory CPE. The setting for St. Luke's CPE Center is the medical facilities of St. Luke's Health System.

St. Luke's is Idaho's largest healthcare provider and the only locally governed, Idaho-based, not-for-profit health system, with a network of nine medical centers, the state's only Children's Hospital and more than 70 outpatient centers and clinics serving people throughout southern Idaho, eastern Oregon and northern Nevada.

St. Luke's more than 10,000 employees, 1,100-member medical staff and 850 volunteers are committed to delivering the highest quality care to those in medical need, regardless of their ability to pay. With a mission "to improve the health of people in our region," St. Luke's provides hundreds of millions in community benefit annually. The hospitals of St. Luke's have earned numerous national awards and recognition for excellence in patient care.

The CPE program operates out of St. Luke's Regional Medical Center in Boise. Students are currently placed in the following facilities for clinical work:

- **St. Luke's Boise Medical Center**, our 430-bed downtown Boise tertiary medical center, is recognized as the region's leader in heart and vascular, oncology, and women's and children's healthcare. Other major services include inpatient and outpatient surgery, 24-hour emergency services, palliative care, diagnostic imaging, childbirth services and epilepsy care. St. Luke's Boise and Meridian Medical Centers, St. Luke's MSTI clinics, and all St. Luke's physician clinics in the Treasure Valley have received Magnet recognition, the gold standard for nursing excellence. St. Luke's Boise is Idaho's largest health care provider and the flagship hospital of St. Luke's Health System.
- **St. Luke's Children's Hospital**, part of St. Luke's Boise, is Idaho's only children's hospital, with more than 150 pediatricians and pediatric specialists and a staff of over 400 nurses, therapists and other pediatric caregivers. Inpatient facilities include a 33-bed Pediatric Unit and a 64-bed Neonatal ICU. A 13-bed Pediatric ICU provides

intensive medical and surgical treatment and recovery for children with an array of high-risk illnesses and surgeries. The Children's Hospital provides expert care to critically and chronically ill infants, children and teens. These patients are routinely referred to St. Luke's from a multi-state region for a variety of services including heart surgery, cancer treatment, orthopedics, neurology and neurosurgery, newborn intensive care, rare infectious diseases and evaluation for alleged abuse.

- **St. Luke's Meridian Medical Center**, a 174-bed hospital in the rapidly growing city of Meridian (ten miles west of Boise), is home to the busiest emergency department in the state. St. Luke's Meridian provides inpatient and outpatient surgery, mother-baby services, diagnostic services, cancer treatment, palliative care, critical care and a chest pain center.
- **St. Luke's Nampa Medical Center**, approximately 25 miles west of Boise, features an 87-bed hospital, a fully-equipped 15-bed emergency department and other medical services and physician clinics.
- **St. Luke's/Elks Rehabilitation Hospital** is located three blocks north of St. Luke's Boise Medical Center, serving patients recovering from neurologic and orthopedic conditions.
- **St. Luke's Mountain States Tumor Institute (MSTI)** cares for thousands of patients every year at cancer clinics in Boise, Fruitland, Meridian, Nampa, and Twin Falls; eight Breast Cancer Detection Centers; two diagnostic breast-imaging sites and a mobile mammography coach that travels throughout southern and central Idaho and eastern Oregon. St. Luke's MSTI is a nationally recognized leader in cancer research and home to Idaho's only cancer treatment center for children, federally sponsored center for hemophilia, and blood and marrow transplant program. CPE students may be placed in the Boise and Meridian MSTI clinics one day per week.
- Students may also be placed with **St. Luke's Hospice** in the Treasure Valley area one day per week. Hospice care provides medical services, emotional support and spiritual resources for people who are in the late stages of an incurable illness, such as cancer or Alzheimer's disease. Hospice care also helps family members manage the practical details, emotional challenges and spiritual needs of caring for a dying loved one.

Other hospitals in the St. Luke's system are listed below. There is currently no CPE presence in these facilities.

St. Luke's Magic Valley Medical Center, in Twin Falls, Idaho, is a 224-bed state-of-the-art healthcare facility that serves southern Idaho and northern Nevada. St. Luke's Magic Valley provides inpatient and outpatient surgery, inpatient rehabilitation, 24-hour emergency services, cancer treatment, imaging, psychiatric and addiction services, and women's and children's healthcare.

St. Luke's Wood River Medical Center is a 25-bed critical-access hospital in Ketchum, Idaho in the Sun Valley area. The hospital provides 24-hour emergency services, emergency pediatrics, inpatient and outpatient surgery, medical/surgical units, advanced cardiac life support, sexual assault evidence collection, diagnostic imaging, maternal and childbirth services, physical and occupational therapy, and outpatient infusion services.

St. Luke's Jerome Medical Center is a 25-bed critical access hospital in the Magic Valley with a 24-hour emergency department, OB/GYN services, family medicine, geriatric care, disease prevention and wellness services.

St. Luke's McCall Medical Center is a 15-bed community hospital in the central Idaho mountains, located about 100 miles north of Boise. The hospital provides 24-hour emergency services, inpatient and outpatient care, orthopedics, surgical care, maternal and childbirth services, sleep medicine and hospice care.

St. Luke's Elmore Medical Center is a 25-bed critical access hospital about 40 miles east of Boise that provides 24-hour emergency services, lab and imaging services, family birthing suites, inpatient acute care, outpatient clinics and services, respiratory therapy and a long-term care unit.

St. Luke's Eagle Medical Plaza provides urgent care and a variety of other services to the west Treasure Valley.

St. Luke's Fruitland Medical Plaza has a 24-hour emergency department as well as a variety of other medical services serving the Fruitland community 60 miles northwest of Boise.

St. Luke's provides a model program of quality care for all persons regardless of ability to pay. Our nursing staff practices coordinated patient care and the needs of patients and family are always the primary focus of concern. We are committed to a philosophy of maintaining quality through efficient management. We are led by a strong Board of Directors – dedicated, highly qualified persons drawn from the community and administrative staff.

The tradition of religious and spiritual values at St. Luke's was strengthened in 1973 when the Department of Spiritual Care Services, which included a Clinical Pastoral Education program, was established at St. Luke's. Students from many faiths and denominations, consisting of laypersons, seminarians and ordained ministers, have participated in CPE at the St. Luke's CPE Center.

Staff chaplains of the Department of Spiritual Care Services enhance the ecumenical and interfaith values of our Center and are available to the CPE program. Staff chaplains are important resource persons for students; they function as mentors in the CPE training process by providing support and training on students' assigned units and teaching seminars in their fields of specialty. They are available to students for feedback regarding clinical questions and concerns, acting as resource people for students interested in developing particular clinical sub-specialties. They also deal with students' immediate concerns brought to the forefront by their clinical experiences and help students to integrate theoretical and practical aspects of ministry.

B. The CPE Program

- **Summer Unit:** An intensive full time 11-week unit of Level I and/or Level II CPE. (See Summer CPE Program description below.)
- **Year-long (Residency) Program:** A four-unit program of Level I & Level II CPE beginning in June of each year. (See Year-long Student Program description below.)
- **Supervisory CPE:** St. Luke's is an accredited Supervisory CPE Center. If interested, please call (208) 381-2100 for information.

C. Application

The CPE application form can be downloaded from this website or from www.acpe.edu. For further information, please contact:

Rev. Jackie Kelly, ACPE Certified Educator
St. Luke's CPE Center
190 East Bannock Street
Boise, ID 83712
Phone: (208) 381-2100
Email: kellyj@slhs.org

D. Admission to Program

Admission is based on:

1. A completed ACPE application with application fee.
2. An admission interview with a qualified interviewer. A personal interview at St. Luke's CPE Center is preferred.

3. A Bachelor's degree from a recognized accredited college or university, or equivalent experience will be considered in lieu of a degree.
4. Active participation and membership in good standing in a recognized faith community.
5. A Master of Divinity or equivalent from an accredited seminary is preferred, or currently actively enrolled in a Master of Divinity program or equivalent through an accredited seminary.
6. For Year-long applicants, successful completion of a previous unit of CPE is preferred.
7. A proven aptitude for interpersonal work, sound mental/emotional health, and the ability to minister in a cross-cultural, interfaith setting.

E. St. Luke's Staff

In its Spiritual Care Department, St. Luke's employs more than a dozen staff chaplains, one Spiritual Care Manager and one ACPE Certified Educator. Board-certified staff chaplains serve as mentors for CPE students.

F. National/Regional Offices

- ACPE Executive Director
Association for Clinical Pastoral Education, Inc.
One West Court Square, Suite 325
Decatur, GA 30030
(404) 320-1472
acpe@acpe.edu

Year-long Student (Resident) Program Description

A. Certification of Training

Successful completion of a minimum of 1600 hours of supervised learning will provide participating students with credit for four units of Level I and/or Level II CPE. According to the Standards of ACPE (Standards can be found at www.acpe.edu), a unit of training is at least 400 hours, combining no less than 100 hours of structured group and individual education with supervised clinical practice in ministry.

B. Time Structure of Program

1. Twelve consecutive months, beginning the first full week of June and continuing through May of the following year.
2. The student will work assigned shifts in the Medical Center for a total 40 hours each week including class time. Students are expected to do rounds and respond to emergency calls in the medical center during their assigned shifts. Students also share overnight and weekend on-call rotation with the staff chaplains.

3. Students will be required to provide pastoral care to their assigned units during their shifts and to the medical center between units and during holiday breaks as assigned, unless the student is taking paid time off.
4. The ACPE Certified Educator, summer students and year-long students will participate in a mid-summer retreat and/or conference for spiritual renewal and learning.

C. Clinical Pastoral Assignment/Responsibility

1. During orientation, students will have an opportunity to express preference for assigned patient units within St. Luke's Boise Medical Center (Boise, Idaho) and St. Luke's Meridian Medical Center (Meridian, Idaho), based on each student's learning goals and interests. Learning goals may be shared with staff chaplains who will mentor the students. During the year, based on students' learning goals and needs, assignments may be renegotiated.
2. The Year-long student should expect a full year of learning activity and not make arrangements for outside employment or other work activities.

D. Seminars and Supervision

Following an orientation period at the beginning of the first unit, there will be regularly scheduled seminars each week with a combination of the following elements:

1. Verbatim Seminars: One student will be responsible at each seminar for presentation of clinical materials (verbatim report) from a pastoral care visit.
2. Interpersonal Relations Group: Open agenda; peer group interaction for personal, professional, or interpersonal concerns.
3. Didactic Seminars: Each presentation will be made by the ACPE Certified Educator, staff chaplains, hospital staff or community resource persons.
4. Other Student Presentations, such as spiritual heritage reflections, statements of ministry and theodicy, genograms and student-led didactics will be elements of students' learning.
5. Creativity Labs: Throughout the unit, students will periodically participate in group activities of a creative nature, using various arts media to explore spiritual expression in relationship to self, peers and supervisor, and those to whom students provide spiritual care.
6. Individual Supervisory Sessions with the ACPE Certified Educator in which the agenda is primarily the student's to discuss personal and professional concerns and clarify learning issues.

E. Written Work & Other Responsibilities

1. Preparation of verbatim reports or other clinical material for presentation to assigned verbatim seminars.
2. Preparation of weekly reflections or other materials as requested for individual supervision.
3. Shared responsibility for interfaith worship services in rotation with CPE peers.
4. Written book reports may be required. The ACPE Certified Educator will make individual assignments and suggestions based on each student's interests and learning needs.

5. Written papers may be assigned on philosophy of ministry, theodicy, personality development, spiritual care practice, and/or other topics related to the CPE experience.
6. Written mid-unit and final self-evaluations that assess the student's progress during each unit will be prepared and shared with the peer group.
7. Visitation reports that help the department with statistical measurements, continuity of care, and quality improvement.

F. Wage and Benefits

The Year-long student is a non-exempt limited duration employee of St. Luke's. As such, the student receives an hourly wage.

Benefits: Medical coverage through St. Luke's, Paid Time Off (negotiated with the ACPE Certified Educator), discounts on meals at medical facilities and many other benefits that will be explained upon successful admission to the CPE Program.

G. Costs (Please contact St. Luke's CPE Center for specific information.)

- Application fee submitted with ACPE application (credited toward the first unit's tuition if accepted into program)
- Non-refundable deposit upon acceptance to the Year-long Program (credited toward the first unit's tuition, remaining balance due on the first day of the first unit)
- Tuition for each unit
- Books may be required during the year's training.

Summer Unit Program Description

A. Certification of Training

Successful completion of a minimum of 400 hours of supervised learning will provide participating students with credit for one unit of Level I or Level II CPE. According to the Standards of ACPE (Standards can be found at www.acpe.edu), a unit of training is at least 400 hours, combining no less than 100 hours of structured group and individual education with supervised clinical practice in ministry.

B. Time Structure of Program

1. The Summer Unit CPE Program will run for 11 weeks beginning the first full week of June and continuing through mid-August.
2. The Summer Unit student is an employee of St. Luke's and is paid an hourly wage. As a short-term temporary employee, the summer student is not eligible for benefits. Students will be assigned to work rotating shifts at the Medical Center for a total of 36 hours each week (with the exception of the initial 40-hour orientation week) including class time. Students are expected to do rounds and respond to emergency

calls in the medical center during their shifts. They may also share night and weekend on-call rotation with the staff chaplains and year-long students.

3. The ACPE Certified Educator, summer students and year-long students will participate in a mid-summer retreat and/or conference for spiritual renewal and learning.

C. Clinical Pastoral Assignment/Responsibility

1. During orientation, students will have an opportunity to express preference for assigned patient units within St. Luke's Boise Medical Center (Boise, Idaho) and St. Luke's Meridian Medical Center (Meridian, Idaho), based on each student's learning goals and interests. Learning goals may be shared with staff chaplains who will mentor the students.
2. Students should expect a full summer of learning activity and not make arrangements for outside employment or other work activities.

D. Seminars and Supervision

Following an orientation period, there will be regularly scheduled seminars each week with a combination of the following elements:

1. Verbatim Seminars: One student will be responsible at each seminar for presentation of clinical materials (verbatim report) from a pastoral care visit.
2. Interpersonal Relations Group: Open agenda; peer group interaction for personal, professional, or interpersonal concerns.
3. Didactic Seminars: Each presentation will be made by the ACPE Certified Educator, staff chaplains, hospital staff or community resource persons.
4. Other Student Presentations, such as spiritual heritage reflections, statements of ministry and theodicy, genograms and student-led didactics will be elements of students' learning.
5. Creativity Labs: Throughout the unit, students will periodically participate in group activities of a creative nature, using various arts media to explore spiritual expression in relationship to self, peers and supervisor, and those to whom students provide spiritual care.
6. Individual Supervisory Sessions with the ACPE Certified Educator in which the agenda is primarily the student's to discuss personal and professional concerns and clarify learning issues.

E. Written Work & Other Responsibilities

1. Preparation of verbatim reports or other clinical material for presentation to assigned verbatim seminars.
2. Preparation of weekly reflections or other materials as requested for individual supervision.
3. Shared responsibility for interfaith worship services in rotation with CPE peers.
4. Written book reports may be required. The ACPE Certified Educator will make individual assignments and suggestions based on each student's interests and learning needs.
5. A statement of ministry and theodicy, which reviews the student's theological understanding of ministry and of suffering in the world.

6. Written mid-unit and final self-evaluations that assess the student's progress will be prepared and shared with the peer group.
7. Visitation reports that help the department with statistical measurements, continuity of care and quality improvement.

F. Wage and Benefits

The summer student is a non-exempt temporary employee of St. Luke's. As such, the student receives an hourly wage. This position does not include benefits.

G. Costs (Please contact St. Luke's CPE Center for specific information.)

1. Application fee submitted with ACPE application (credited toward tuition if accepted into program)
2. Non-refundable deposit upon acceptance into the unit (credited toward tuition, remaining balance due on the first day of the unit)
3. Unit tuition
4. Books may be required for the unit.